

6. A 40-year old mother of 3 is over-controlling of her children, refuses to allow them to sleepover at friends' houses, supervises them at all times and even started home schooling them because she did not trust the teachers. Her children are beginning to rebel, which causes her to punish them severely. She had been in therapy for years before marriage because her mother was so critical and harsh. She is a marathon runner. Her husband died 2 years ago and her behavior became more severe.

### ① Freud's

- defense mechanism
- \* Repression = going through the something ~~and~~ ~~and~~
- \* Perfection = doing same thing as her mother
- Psychosexual stage:-
- \* Phallic
- \* Anal stage
- superego over controlling

### ② Attachment

- Anxious

### ③ Ecological

